

Low-Cost and Sliding Scale Psychotherapy Providers

Antioch Community Counseling & Psychology Clinic

Contact: (206) 268-4840

www.antiochseattle.edu/community/clinic.html

Location: 2326 Sixth Avenue, Seattle

Fees: Sliding scale, call for more information.

Focus: General counseling

Notes: Services provided by master's level students and are videotaped

Argosy University Psychology Center

Contact: (206) 393-3605

www.argosy.edu/locations/seattle/psychology-center.aspx

Location: 2601-A Elliott Avenue, Seattle

Fees: Sliding scale based on family composition and income.

Focus: General counseling

Notes: Services provided by master's level students

Bastyr Center for Natural Health Counseling Program

Contact: (206) 834-4100

www.bastyrcenter.org/content/category/4/149/163/

Location: 3670 Stone Way N, Seattle

Fees: Sliding scale based on income (need 2 forms of verification).

Focus: Short-term counseling

Notes: Services provided by master's or doctorate level students

Catholic Community Services Child and Family Counseling

Contact: (206) 498-0810

www.ccsww.org/site/PageServer?pagename=childrenyouth_childrenstreatment

Location: Offices in Seattle and Kent

Fees: Accepts Medicaid only

Focus: Child and family counseling

Center for Human Services

Contact: (206) 631-8820

www.chs-nw.org/Secondary.aspx?programsounselin

Location: 17018 15th Avenue NE, Shoreline

Fees: Sliding scale for those living outside of Shoreline. Accepts Medicaid for individuals living in King County. Call for more information.

Focus: Individual and family counseling

City University Counseling Center

Contact: (425) 709-5333

www.cityu.edu/about/services/counseling_center.aspx

Location: 11900 N.E. First Street, Bellevue

Fees: Sliding scale fee, call for more information.

Focus: General counseling

Notes: Services provided by master's level students

Fremont Community Therapy Project

Contact: (206) 633-2405, ext. 2

www.therapyproject.org/index.php

Location: 3417 Fremont Avenue N, Seattle

Fees: Reduced fee, call for information.

Focus: General counseling

Notes: Most services provided by master's and doctoral level students

Jewish Family Service of Seattle

Contact: (206) 461-3240

www.jfsseattle.org/ccounsel.html

Location: 1601 16th Ave., Seattle

Fees: Subsidized sliding fee scale

Focus: Counseling, addiction treatment

Notes: Provides social services to the Jewish and secular communities

Low Cost Therapy Associates

Contact: (206) 903-9195

www.lowcosttherapy.org

Location: Offices in Seattle

Fees: Reduced fee, call for information.

Focus: General counseling

Lutheran Counseling Network

Contact: (206) 364-1046

www.lutherancounseling.net

Location: Offices located around Seattle area

Fees: Sliding scale based on income, call for more information and availability.

Focus: General counseling

Notes: Christian organization

The Psychotherapy Cooperative

Contact: (206) 320-7988

psychotherapycooperative.org

Location: 2711 E. Madison Street, Suites 202 and 209, Seattle

Fees: Sliding scale, negotiated with the individual therapist, call for more information.

Focus: General counseling

Puget Sound Christian Clinic

Contact: (206) 363-4105

www.pschristianclinic.org

Location: 2150 N 112nd Street, Seattle

Fees: Sliding scale, call for information.

Focus: General counseling

Notes: Christian organization

Samaritan Center of Puget Sound

Contact: (206) 527-2266

www.samaritanps.org/Clinic.php

Location: Offices in Seattle, Bellevue, and Redmond

Fees: Sliding-scale based on income and agency's available funds. Call for more information.

Focus: General, non-denominational counseling

Notes: Christian organization. Waiting list of 4-6 weeks for sliding-scale services.

Seattle Counseling Services for Sexual Minorities

Contact: (206) 323-1768

www.seattlecounseling.org

Location: 1216 Pine Street, Suite 300, Seattle

Fees: Sliding scale based on income, call for more information. Accepts Medicaid.

Focus: Counseling to the LGBT community

Seattle Psychoanalytic Society and Institute

Contact: (206) 328-5215

www.spsi.org/Clinic.aspx

Location: Greater Puget Sound metropolitan area

Fees: Based on ability to pay and clinician availability

Focus: Psychoanalysis and psychoanalytic psychotherapy referral service

Notes: Licensed mental health professionals pursuing (or completed) advanced specialized training in psychoanalysis and psychoanalytic psychotherapy

Seattle Therapy Alliance

Contact: (206) 660-4395

www.seattletherapyalliance.com

Location: 200 1st Avenue W, Suite 400, Seattle

Fees: Call for information about reduced fee schedule

Focus: General counseling for women only

Notes: Services provided by students and interns

University of Washington Psychological Services and Training Center

Contact: (206) 543-6511

www.psych.uw.edu/psych.php#p=368

Location: Guthrie Annex I, University of Washington campus, 15th Ave NE (call for directions)

Fees: Determined by income level, call for more information.

Focus: General counseling

Notes: Services provided by clinical psychology graduate students

Washington Women in Need

Contact: (425) 451-8838 extension 305, on the second Tuesday of each month between 12-1 pm for screening.

www.wwin.org

Fees: None for screening

Focus: Low-income women who need mental health counseling

Notes: Call for screening during times listed above. WWIN will need information about family composition, income, and other factors. If you qualify, and they have funds, they will pay for up to 24 sessions of counseling.

Wellspring Family Services: General Counseling Services

Contact: (206) 524-9055

www.wellspringfs.org/get_help/counseling/general_counseling.php

Location: Various Seattle-area offices

Fees: Sliding scale based on income

Focus: General counseling

This list of psychotherapy providers is intended for informational purposes only. The Northwest Alliance for Psychoanalytic Study (NWAPS) and the Alliance Community Psychotherapy Clinic (ACPC) are not associated or affiliated with these providers. In addition, NWAPS and ACPC make no guarantees or representations about the availability of services or fees offered by the providers that appear on this list.