Low-Cost and Sliding Scale Psychotherapy Providers

**Antioch Community Counseling & Psychology Clinic**
Contact: (206) 268-4840  
[www.antiochseattle.edu/community/clinic.html](http://www.antiochseattle.edu/community/clinic.html)
Location: 2326 Sixth Avenue, Seattle
Fees: Sliding scale, call for more information.
Focus: General counseling
Notes: Services provided by master’s level students and are videotaped

**Argosy University Psychology Center**
Contact: (206) 393-3605  
[www.argosy.edu/locations/seattle/psychology-center.aspx](http://www.argosy.edu/locations/seattle/psychology-center.aspx)
Location: 2601-A Elliott Avenue, Seattle
Fees: Sliding scale based on family composition and income.
Focus: General counseling
Notes: Services provided by master’s level students

**Bastyr Center for Natural Health Counseling Program**
Contact: (206) 834-4100  
[www.bastyrcenter.org/content/category/4/149/163/](http://www.bastyrcenter.org/content/category/4/149/163/)
Location: 3670 Stone Way N, Seattle
Fees: Sliding scale based on income (need 2 forms of verification).
Focus: Short-term counseling
Notes: Services provided by master’s or doctorate level students

**Catholic Community Services Child and Family Counseling**
Contact: (206) 498-0810  
[www.ccsww.org/site/PageServer?pagename=childrenyouth_childrenstreatment](http://www.ccsww.org/site/PageServer?pagename=childrenyouth_childrenstreatment)
Location: Offices in Seattle and Kent
Fees: Accepts Medicaid only
Focus: Child and family counseling

**Center for Human Services**
Contact: (206) 631-8820  
Location: 17018 15th Avenue NE, Shoreline
Fees: Sliding scale for those living outside of Shoreline. Accepts Medicaid for individuals living in King County. Call for more information.
Focus: Individual and family counseling
City University Counseling Center
Contact: (425) 709-5333
www.cityu.edu/about/services/counseling_center.aspx
Location: 11900 N.E. First Street, Bellevue
Fees: Sliding scale fee, call for more information.
Focus: General counseling
Notes: Services provided by master’s level students

Fremont Community Therapy Project
Contact: (206) 633-2405, ext. 2
www.therapyproject.org/index.php
Location: 3417 Fremont Avenue N, Seattle
Fees: Reduced fee, call for information.
Focus: General counseling
Notes: Most services provided by master’s and doctoral level students

Jewish Family Service of Seattle
Contact: (206) 461-3240
www.jfsseattle.org/ccounsel.html
Location: 1601 16th Ave., Seattle
Fees: Subsidized sliding fee scale
Focus: Counseling, addiction treatment
Notes: Provides social services to the Jewish and secular communities

Low Cost Therapy Associates
Contact: (206) 903-9195
www.lowcosttherapy.org
Location: Offices in Seattle
Fees: Reduced fee, call for information.
Focus: General counseling

Lutheran Counseling Network
Contact: (206) 364-1046
www.lutherancounseling.net
Location: Offices located around Seattle area
Fees: Sliding scale based on income, call for more information and availability.
Focus: General counseling
Notes: Christian organization

The Psychotherapy Cooperative
Contact: (206) 320-7988
psychotherapycooperative.org
Location: 2711 E. Madison Street, Suites 202 and 209, Seattle
Fees: Sliding scale, negotiated with the individual therapist, call for more information.
Focus: General counseling
Puget Sound Christian Clinic
Contact: (206) 363-4105
www.pschristianclinic.org
Location: 2150 N 112nd Street, Seattle
Fees: Sliding scale, call for information.
Focus: General counseling
Notes: Christian organization

Samaritan Center of Puget Sound
Contact: (206) 527-2266
www.samaritanps.org/Clinic.php
Location: Offices in Seattle, Bellevue, and Redmond
Fees: Sliding-scale based on income and agency’s available funds. Call for more information.
Focus: General, non-denominational counseling
Notes: Christian organization. Waiting list of 4-6 weeks for sliding-scale services.

Seattle Counseling Services for Sexual Minorities
Contact: (206) 323-1768
www.seattlecounseling.org
Location: 1216 Pine Street, Suite 300, Seattle
Fees: Sliding scale based on income, call for more information. Accepts Medicaid.
Focus: Counseling to the LGBT community

Seattle Psychoanalytic Society and Institute
Contact: (206) 328-5215
www.spsi.org/Clinic.aspx
Location: Greater Puget Sound metropolitan area
Fees: Based on ability to pay and clinician availability
Focus: Psychoanalysis and psychoanalytic psychotherapy referral service
Notes: Licensed mental health professionals pursuing (or completed) advanced specialized training in psychoanalysis and psychoanalytic psychotherapy

Seattle Therapy Alliance
Contact: (206) 660-4395
www.seattletherapyalliance.com
Location: 200 1st Avenue W, Suite 400, Seattle
Fees: Call for information about reduced fee schedule
Focus: General counseling for women only
Notes: Services provided by students and interns
University of Washington Psychological Services and Training Center
Contact: (206) 543-6511
  www.psych.uw.edu/psych.php?p=368
Location: Guthrie Annex I, University of Washington campus, 15th Ave NE (call for directions)
Fees: Determined by income level, call for more information.
Focus: General counseling
Notes: Services provided by clinical psychology graduate students

Washington Women in Need
Contact: (425) 451-8838 extension 305, on the second Tuesday of each month between 12-1 pm for screening.
  www.wwin.org
Fees: None for screening
Focus: Low-income women who need mental health counseling
Notes: Call for screening during times listed above. WWIN will need information about family composition, income, and other factors. If you qualify, and they have funds, they will pay for up to 24 sessions of counseling.

Wellspring Family Services: General Counseling Services
Contact: (206) 524-9055
  www.wellspringfs.org/get_help/counseling/general_counseling.php
Location: Various Seattle-area offices
Fees: Sliding scale based on income
Focus: General counseling

This list of psychotherapy providers is intended for informational purposes only. The Northwest Alliance for Psychoanalytic Study (NWAPS) and the Alliance Community Psychotherapy Clinic (ACPC) are not associated or affiliated with these providers. In addition, NWAPS and ACPC make no guarantees or representations about the availability of services or fees offered by the providers that appear on this list.